

**Thank you**

***NB ; the kiddies prices strictly kids  
from 3years to 9 years***



**Cancellation of bookings to be made at  
least 1 hour prior to treatment or you  
will be charged accordingly**

**Your treatment duration will be  
reduced accordingly should you arrive  
late for your appointment.**

**Welcome**

**Avalon Health  
Spa**

*For Body, Mind  
and Soul*

**Open Daily from 08h00 to 18h00  
The spa will be closed every Sunday and Monday.  
Contact number 0236141150 ext. 421**



# Price list



## Swedish Massage

Full Body	90min	R600
Full Body	60min	R450
Back and Neck	45min	R350
Back and Neck	30min	R250

## Aromatherapy

Aroma Full Body	60min	R500
Aroma Back & Neck	30min	R270

## Hot stone Therapy

Hot stone Full Body	60min	R500
Hot stone Back & Neck	30min	R270



## Indian Head

Indian Head Massage	30min	R250
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## Foot Massage

Foot Massage	30min	R230
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## Deep Tissue

Deep Tissue Full Body	60min	R500
Deep Tissue Half Body	30min	R270

## Waxing

Full Leg	R140
3/4 Leg	R120
Half Leg	R100
Under Arm	R60
Half Bikini	R120
Full Bikini	R180
Full Back	R200
Half Back	R150
Full Arm	R110
Half Arm	R80
Lip	R50
Chin	R60
Cheeks	R60
Chest	R90
Abdomen	R150
Eyebrow	R50

## Tinting

Eyebrow Tint	R60
Eyelash Tint	R60

## Hands

Manicure	60min	R300
French Manicure	60min	R320
Mini Manicure	30min	R200
Gel Polish	30min	R220
Mani Gel	60min	R390
Soak Off Gel	30min	R100
Buff and Paint	30min	R100
Buff and French paint	30min	R120

## Feet

Pedicure	60min	R300
Pedicure French Paint	60min	R320
Mini Pedicure	30min	R200
Gel Polish	30min	R200
Pedi Gel	60min	R390
Soak Off Gel	30min	R100
Buff and Paint	30min	R100
Buff and French Paint	30min	R120

## **COMBO TREATMENTS**

Body scrub, body wrap and full body massage  
R850.00